**SPECIALTY PITAS**

Choose from a White or Wheat Pita or make it a Salad (Subtract 115-150 Cal)  
Gluten-Free Wrap Add 40-80 Cal

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**SUPER GREEK WITH SCHUG**  
Gyro and Chicken Souvlaki with Spinach, Tomatoes, Cucumbers, Onions, Black Olives, Feta and Tzatziki and Schug Sauce  
720 Cal  460 Cal

**BAJA CHICKEN BACON RANCH**  
Chicken and Bacon with grilled Onions, Avocado, Romaine, Cilantro, Pepper Jack and Jalapeño Ranch  
650 Cal  380 Cal

**CHICKEN PESTO**  
Chicken Breast grilled in Pesto with Romaine, Tomatoes, Roasted Red Peppers, Feta and Greek Seasoning  
490 Cal  300 Cal

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**SOUTHWEST FAJITA**  
Chicken or Steak or Beyond Meat® with grilled Onions and Green Peppers, Iceberg Lettuce, Tomatoes, Roasted Red Peppers, Pepper Jack, Sour Cream, Ancho Chipotle Sauce and Mojito Lime Seasoning  
550-640 Cal  330-370 Cal

**THAI CHICKEN**  
Chicken grilled in Thai Satay Sauce, Spinach, Carrots, Cucumbers, Roasted Red Peppers, Cilantro, Green Peppers, Sriracha and Mojito Lime Seasoning  
390 Cal  250 Cal

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**BUILD A PITA, SALAD OR BOWL**  
Choice of White or Wheat Pita, Gluten-Free Wrap, Salad or Brown Rice & Quinoa Bowl

**CHICKEN CAESAR**  
Chicken Breast and Bacon  
370 Cal  240 Cal

**PHILLY**  
380 Cal  240 Cal

**BLT**  
340 Cal  220 Cal

**CLUB**  
Bacon, Turkey and Ham  
340 Cal  220 Cal

**DELI HAM or TURKEY**  
280 Cal  200 Cal

**TUNA**  
250 Cal  210 Cal

**ALL DAY BREAKFAST**  
Choice of Bacon, Ham or Steak with Egg  
420-520 Cal  270-330 Cal

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**CHICKEN SOUTVLAKI**  
Chicken or Steak grilled with Green Peppers, Onions, Roasted Red Peppers and Pineapple grilled in Teriyaki Sauce; Carrots and Cilantro  
430 Cal  280 Cal

**CHICKEN BREAST**  
290 Cal  200 Cal

**GYRO**  
550 Cal  320 Cal

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**SMOKIN’ BBQ**  
Chicken and Bacon with Pineapple, Roasted Red Peppers, Onions and Jalapeños grilled in Ancho Chipotle & BBQ Sauce; Shredded Lettuce, Tomatoes, Cheddar Cheese and Smokehouse Maple Seasoning  
600 Cal

**THAI BUDDHA**  
Chicken with Onions and Bell Peppers grilled in Thai and Schug Sauce; Carrots, Cilantro and Spinach  
530 Cal

**HULA TERIYAKI**  
Chicken or Steak grilled with Green Peppers, Onions, Roasted Red Peppers and Pineapple grilled in Teriyaki Sauce; Carrots and Cilantro  
430-520 Cal

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Additional toppings, cheese, sauces & seasonings not included in calorie count.  
2,000 calories a day is used for general nutrition advice but calorie needs vary.  
Additional nutrition information available upon request.
Order online at pitapit.com or through our app!

EXTRAS
- Double Protein: 50-370 Cal
- Add Bacon: 80 Cal
- Add Egg: 90 Cal
- Extra Cheese: 40-120 Cal

SIDES
- Quesapita + Protein: 470-880 Cal
- Quesapita: 420-510 Cal
- Chips: 130-320 Cal
- Cookies: 300-340 Cal
- Pita + Dip: 180-370 Cal
- Pita Chips: 400 Cal

$2 OFF Brown Rice & Quinoa Signature Bowls
Enter Code 2BOWL at checkout.
Valid only at time of original purchase. Valid at participating restaurants only. Not valid with any other offer or discount. One redemption per guest. Cash value is 1/100th of one cent. Valid in-restaurant, online or via the Pita Pit app. Visit the Pita Pit app or pitapit.com to place your order online. © 2021 Pita Pit, Inc. All rights reserved.

EXTRAS
- Chips: 130-320 Cal
- Pita & Dip Platter: 200-210 Cal per Serving
- Pita Chips: 400 Cal

CATERING
PITA PLATTERS
Each platter includes 20 pita halves / 4 halves of each pita listed.

CLASSIC
- Chicken Caesar (260 Cal), Buffalo Chicken (240 Cal), Chicken Souvlaki (310 Cal), Club (310 Cal), Philly (290 Cal)

DELI
- Turkey (230 Cal), Ham (280 Cal), Club (310 Cal), Chicken Breast (240 Cal), Chicken Caesar (260 Cal)

MEDITERRANEAN
- Gyro (370 Cal), Chicken Souvlaki (310 Cal), Falafel (330 Cal), Chicken Pesto (250 Cal), Chicken Caesar (260 Cal)

VEGETARIAN
- Black Bean (300 Cal), Hummus (220 Cal), Roasted Red Pepper Hummus (220 Cal), Falafel (330 Cal), Beyond Meat® (300 Cal)

PICK YOUR PLATTER
You pick your favorites or we'll pick 10 of the most popular!
Substitute Gluten-Free Wrap
Add 20 Cal per half wrap

SALADS
- 10 servings per salad
- Add protein to any salad (Adds 40-80 Cal per serving)

Garden
(100-190 Cal per serving)
Caesar
(120 Cal per serving)
Greek
(140 Cal per serving)

BOX LUNCH
Includes a pita (350-1220 Cal) or salad (Subtract 115-150 Cal), chips and a cookie.

DRINKS
- Fountain Drinks: 0-340 Cal
- Bottled Drinks: 0-300 Cal
- Coca-Cola
- Sun Chips
- Lays
- Baker's Dozen
(13 Cookies)
160-170 Cal per Cookie
- Pita & Dip Platter
200-210 Cal per Serving
- Chips
130-320 Cal

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